



AMED RODA SPA

Indulge your sense



A close-up photograph of a person's back and shoulder during a hot stone massage. Several smooth, dark, oval-shaped stones are placed along the spine. A white frangipani flower is tucked behind the person's ear. The background is a patterned fabric.

Spa Package

Roda Shining Fresh Body Scrub

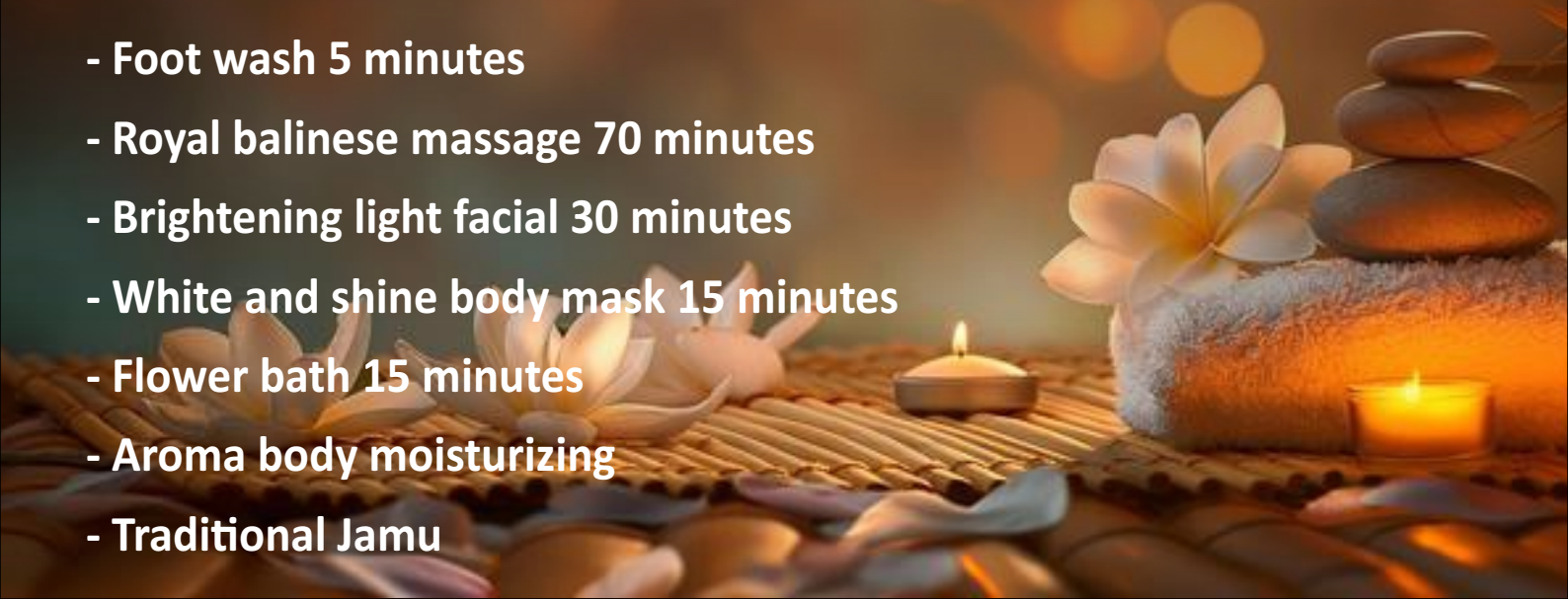
Duration : 1 Hour 35 minutes IDR 400K

- Foot wash 5 minutes
- Royal Balinese Massage 35 minutes
- Fresh body scrub 20 minutes
(Choices: cucumber, carrot, avocado, papaya, strawberry)
- Bathing 15 minutes
- Aroma body moisturizing (lotion)
- Ginger tea

The Mellow Of Sinta

Duration: 2 hours 30 minutes - IDR 590K

- Foot wash 5 minutes
- Royal balinese massage 70 minutes
- Brightening light facial 30 minutes
- White and shine body mask 15 minutes
- Flower bath 15 minutes
- Aroma body moisturizing
- Traditional Jamu





Spa Package

Desire Of Love

Duration: 2 Hours - 740K

- Foot wash 5 minutes
- Balinese massage 70 minutes
- Sweet chocolate body scrub 15 minutes
- Sweet chocolate mask 15 minutes
- Romantic flower bath 15 minutes

Roda Sparkling Pearl

Duration: 3 hours - IDR 960K

- Foot wash 5 minutes
- Royal balinese massage 70 minutes
- Lavender body scrub 15 minutes
- Lavender body mask 15 minutes
- Traditional balinese facial 55 minutes
- Flower bath 25 minutes
- Body lotion
- Ginger tea



Jamu – Jamu Massage

JAMU " Herbal Healing" this unique treatment begins with acupressure massage to improve blood circulation and alleviate muscle tension. Steamed herbal pouches filled with lemongrass, ginger, galangal, lime leaves, cinnamon, clove and other herbs is used to your immune system and aid removal toxins and release tense muscle.

Duration : 90 minutes - IDR 240K
120 minutes - IDR 310K

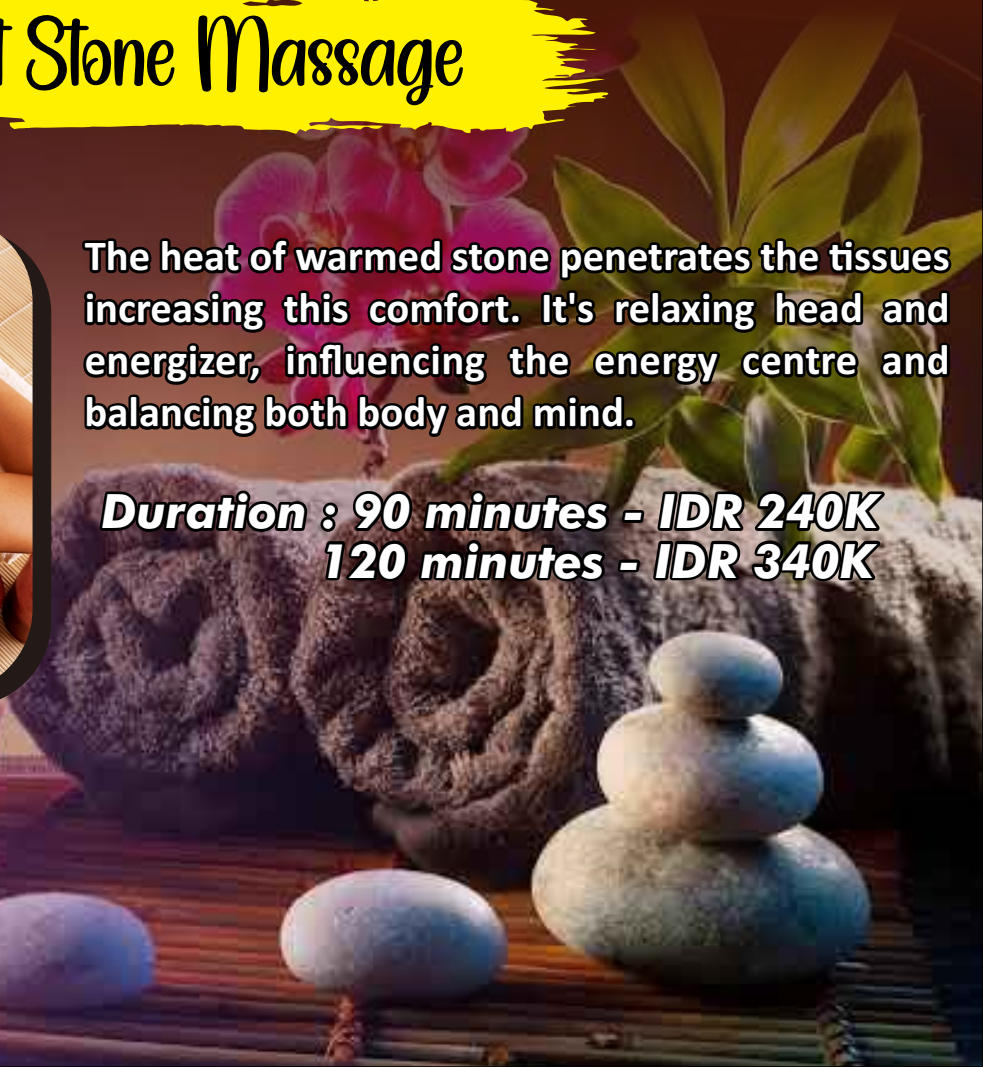


Hot Stone Massage



The heat of warmed stone penetrates the tissues increasing this comfort. It's relaxing head and energizer, influencing the energy centre and balancing both body and mind.

Duration : 90 minutes - IDR 240K
120 minutes - IDR 340K



Balinese Massage

Our signature balinese traditional massage is full body. A deeply relaxing massage incorporating a traditional technique with aromatherapy. A powerful combination to restore balance of the body and mind.

Duration : 60 minutes - IDR 170K
90 minutes - IDR 240K



Back And Head Massage

Head and back massage stimulate the nervous system, increasing blood flow to the head and easing stress through the release of endorphins, which in turn help in relieving pain and give the feeling of well-being.

Duration : 45 minutes - 100K



Foot Massage

Duration : 45 minutes - IDR 130K
60 minutes - IDR 180K



Kids Roda Spa

A gentle therapeutic approach to relaxation and wellness tailored for children, offering various benefit like reduced stress, improve sleep and boosted immunity.

Duration : 60 minutes - IDR 205K



Flower Bath

A ritualistic bathing practice where fresh flowers, petals and sometimes herbs are added to water creating fragrant and rejuvenating experience.

Duration : 30 minutes - IDR 110K



Hair Mask

Hair mask is special treatment for those who have hair in severe condition. It could also be damaged by frequent hair tightened colourfully painting. The process of providing a layer mask is only applied to the hair without any massage.

Duration : 60 minutes - IDR 170K



Green Tea Body Scrub

Starting with traditional massage with choices of body massage oil. Green tea body scrub to remove dead & dirty skin. Body moisturizing to moisturize(lotion) to protect your skin from sunburn. After treatment enjoy ginger tea.

Duration : 45 minutes - IDR 150K
60 minutes - IDR 180K



Face Treatment



The traditional face treatment with natural materials will be done by as follows:

- Remove dead skin cells and stain gently by cleansing, peeling, washing and steaming
- Refresh the supple skin with face massage
- A moisture and nutrition will be given by facemask with lotion and moisturizer
- Massage your neckline, shoulders and hands during drying the face mask

A. Traditional Facial (1 hour) IDR 200.000

Mini Facial

A mini facial provides you with most of benefits of a full facial in less time and it's a great way to relieve stress, pamper your face and keep up with your skin treatmentd

Duration : 30 minutes IDR 100.000



Warm Oil (Aromatherapy Massage)

A typical Balinese Massage that uses warm oil that smells of flowers and herbs to help warm the body calm the mind

Duration : 60 minutes - IDR 170K
90 minutes - IDR 260K



Aloe Vera Massage

A type of Balinese Massage that uses aloe vera gel mixed with cucumber and natural coconut oil which can treat sunburn and skin rashes

Duration : 60 minutes - IDR 180K
90 minutes - IDR 270K

